



Life in the FAST LANE

#28 / Issue #332

Saturday, July 25th, 2026

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TO: Our Fast Lane Travel Family in Australia, Brazil, Canada, China, Dubai, Ecuador, all of Europe, Iceland, Iceland, Japan, Kuwait, New Zealand, South Africa, and the USA!



Recovery, Renewal & The Road to the Dolomites



Hello Travelers,

This week has been about something every great journey requires: **recovery.**

A few important reminders as we prepare for departure:

Hiking

After an incredible stretch of hiking through the Alps, your time at the magnificent Interlpen Hotel & Spa will provide the perfect opportunity to pause, reflect, and recharge. There is something special about standing high above the valleys, breathing in the crisp mountain air, and remembering that travel is not only about reaching the next destination — it's about appreciating the moments in between.

The trails are rewarding, the scenery unforgettable, the reflections in the lakes magnificent, and the energy of the mountains continues to inspire us. Whether you've spent your days exploring alpine paths, enjoying panoramic vistas, or simply taking in the peaceful surroundings, the Alps have delivered exactly what they do best: perspective.

As we move into the coming week, our focus begins shifting toward the next chapter of our adventure—the spectacular **Dolomites Tour**. The team has been busy preparing routes, reviewing logistics, and ensuring every detail is ready for what promises to be another remarkable experience. The Dolomites offer an entirely different character from the Austrian Alps, combining dramatic limestone peaks, charming mountain villages, and some of the most breathtaking drives in Europe.



Spa Days Ahead

Be sure to keep an eye out for upcoming spa opportunities built into the itinerary. These wellness and recovery days are intentionally designed to help everyone stay rested, refreshed, and ready to fully enjoy the journey ahead. We encourage you to take advantage of these moments — they are just as important as the hiking itself. My personal very favorite treatments are the pedicures at the Inter Alpen. I have had pedicures all over the world – Austria has the best. They have to train for three years before they can treat customers.



Changes to Our Scenic Drive

We are closely monitoring several local transportation regulations and traffic restrictions that have recently been implemented throughout parts of the mountain regions. As a result, some of our planned driving routes may be adjusted to remain compliant with local laws and to provide the best overall experience. While the scenery will remain every bit as spectacular, the exact roads and timing of certain transfers could change. We appreciate your flexibility as our team continues to prioritize safety, efficiency, and enjoyment.



Looking Ahead

One of the great joys of touring through the Alps and Dolomites is that every day reveals a new landscape, a new vista, and a new memory waiting to be made. As we continue this adventure together, we're grateful for the enthusiasm, patience, and camaraderie that each traveler brings to the journey.

For now, enjoy the recovery period, embrace the wellness opportunities ahead, and get ready for another extraordinary chapter among some of Europe's most iconic mountains.

The peaks behind us have been unforgettable. The peaks ahead may be even better.

Until next week, **Peter Sontag**

"Travel well. Live fully. Create memories worth revisiting."

My Final Thoughts on Travel

What do National Geographic and Penthouse have in common?

Both have great places you'll probably never visit.

Source: The Friars Club Encyclopedia of Jokes, p.479





Please stay healthy and happy. I'm looking forward to the great times we will have together again with my Team on one of the fabulous tours we are planning for 2026. All the best to you, **Peter**

