



Item: Fast Lane News #15 in 2025 (Issue #267 since 2020). On April 12, 2025. I'm writing from our offices in beautiful Oldsmar, Florida along the shores of Tampa Bay & the sunny Gulf of America
To: Our Fast Lane Travel Family in Australia, Canada, Dubai, Europe, Iceland, Israel, Japan, New Zealand, Singapore, South Africa and the USA!



Subjects: Travel Tips If You're over 50; TRIP of the WEEK: in the USA - **The awesome Moonshine Festival Driving Tour**; Can you handle the **Nürburgring**? My FINAL Thoughts: Three Corporate Lessons!

I. Are you over 50? If yes, read these 20 travel tips: Your guide to safe, smart, healthy and stress-free luxury travel.

Source: NRA & Fast Lane, Inc.

At **Fast Lane Travel**, we believe age is just a number - but preparation is everything. Here are 20 essential tips to help you travel with confidence:

- 1. Pack Your Own Pharmacy:**
Bring enough of your Prescription Medicines.
- 2. Bring Your Prescription Documentation:**
For example, I take Amlodipine daily – it's called Novask in France or Sevikar in Germany – so bring the description your pharmacy staples to your bag when you pick up your prescription that describes the medication in detailed generic terms, English is OK, just in case you need a refill in Europe.
- 3. Bring Extra Meds:**
Always pack at least one extra week's worth of prescriptions.
- 4. Request Backup Prescriptions:**
Lost or stolen meds? A duplicate prescription will save the day.

5. **Carry a Medical Info Form:**
Include your conditions, meds, dosages, emergency contact, and doctor's name. Keep it in your wallet or passport case.
6. **Buy travel insurance:**
call **Susan Sheridan** in our office for **Travel Insurance** details: 1-813-475-5989 - it should also include medical evacuation.
7. **Keep Meds in Your Carry-On – IMPORTANT:**
Don't risk checked bags going missing!
8. **Adjust Medication Times for Time Zones:**
Consult your doctor to adjust your schedule when traveling long distances.
9. **Motion Sickness Tip:**
Best boat seat: amidships. Best airplane seat: over the wing. Bring some Dramamine, Gaviscon and Tums.
10. **Avoid the Top 7 Stomach Triggers:**
Custards & rich desserts, raw veggies, cold platters, raw eggs/unpasteurized cheese, tap water (even for coffee), leafy greens, and raw shellfish & ice. You're OK in Europe.
11. **Best Upset Stomach Relief:**
Imodium A-D® is a must-pack for digestive issues.
12. **Drink bottled water, but make sure you open it:**
Tap water in Germany, Austria, Switzerland is just fine. Remember the Romans built their aqueducts.
13. **Sunscreen Secret:**
Shake well before use. Look for zinc oxide or titanium dioxide for top-tier protection.
14. **Bug Bite/ Bee Sting Hack:**
A dab of meat tenderizer (like Accent®) and water can ease pain & swelling.
15. **Beat the Heat:**
Eat bananas, tomatoes, and oranges to stay hydrated and fight sunstroke.
16. **Break in New Shoes Before You Travel:**
Blisters are not luxury travel-approved.
17. **Bring Sun Glasses & Glasses Prescriptions.**

18. Check Your Nitro date:

Expired nitroglycerin won't help in an emergency. Make sure it's fresh.

19. Traveling with Insulin:

Carry your prescription—many places won't sell syringes without one. See #2.

20. Sleeping with a B- or C-Pap mask:

I do. Bring an extra face mask and hose. Change the little filter before you leave. Your machine should work at 110V and 220V - mine does. We will bring electrical adapter plugs for you.

II. TRIP OF THE Week: in the USA:

The Fast Lane Moonshine Mountain Fest!

Sunday, October 19th – Sunday, October 26th, 2025

You'll drive the legendary **Tail of the Dragon**, the awesome Rattler, the **Cherochala Skyway** and some fabulous country roads. You'll enjoy a host of activities at Lake Lanier. You'll



get to drive the **Lanier Raceway**. And, of course, we will experience the Annual **Dawsonville Moonshine Festival**.

No worries,
we'll go there
by motor coach
in about an
hour – no
driving just in
case. So,
moonshine
sampling will be
OK.

**This one
will sell out
quickly –
limited to 16 cars!**



Call us at 813-343-3001 or visit us at
<https://fastlanetravel.com/2025-moonshine-rally/>

III. Can your guts handle the Nürburgring?

Fast Lane Travel at the Nürburgring: A Legendary Experience on the World's Most Iconic Track. We can organize a Ring trip stand alone or we recommend it as an add-on to our regular trips. Caveat: The Ring is privately owned. It is frequently rented out to Auto, tire or engine manufacturers to test their product. Also, weather plays a key role in the Ring's availability.

Thus, for each inquiry, we call our key contacts at the Ring to determine its availability. Bottom line: It's not like Disney World where you can just walk up, buy a ticket and have fun for the day.

This is what the Green Hell looks like from my Turbo S cockpit.



For automotive enthusiasts, there are few places as sacred as the Nürburgring. Known as the "Green Hell" for its intense, 13-mile Nordschleife loop winding through Germany's Eifel Forest, the Nürburgring is not just a racetrack—it's a rite of passage. For those who seek more than just a visit—for those who dream of “living” the track—Fast Lane Travel offers the ultimate way to do just that. Go to:

<https://fastlanetravel.com/2025-nurburgring-experience/>

If nothing else will entice you, I'm sure **Jackie Stewart's famous Nürburgring quote** will: “For a quick lap at the Nürburgring, you've probably experienced more in seven minutes...than most people have experienced in all their life in the way of fear, in the way of tension, in the way of animosity towards machinery and to a racetrack.”

The Nürburgring Experience: Fast Lane Style, Where Passion Meets Precision: Imagine driving the Nürburgring in a Porsche GT3, the engine rumbling as anticipation builds. You're not just standing trackside—you're on the track. Fast Lane Travel grants its guests access to drive the legendary Nordschleife under controlled conditions, with expert guidance to ensure both safety and excitement. Whether you're a seasoned driver or a curious first timer, the experience is designed to thrill.

Every detail on a Fast Lane Tour is orchestrated to deliver the VIP treatment: Luxury Without Compromise. Of course, no Fast Lane Travel experience is complete without indulgence. Guests stay in five-star accommodations, dine at Michelin-starred restaurants, and cruise scenic routes through the heart of Europe's most beautiful landscapes—all behind the wheel of a Porsche. The Nürburgring experience is often paired with other stops along the Romantic Road, the Black Forest, or the Bavarian Alps, depending on the tour package.

Fast Lane Travel doesn't just create trips; we create stories you'll be telling for a lifetime. The Nürburgring experience is a bucket list item that becomes a personal milestone, marked by exhilaration, camaraderie, and a deepened love for the Porsche brand. There's no better way to experience the Nürburgring than with Fast Lane Travel.

IV. My Final Thoughts: Three Corporate Lessons

Corporate Lesson #1

A man is getting into the shower just as his wife is finishing up her shower when the doorbell rings. After a few seconds of arguing over which one should go and answer the doorbell, the wife gives up, quickly wraps herself up in a towel and runs downstairs.

When she opened the door, there stood Bob the next-door neighbor. Before she says a word, Bob says, "I'll give you \$800 to drop that towel that you have on."

After thinking for a moment, the woman drops her towel and stands naked in front of Bob. After a few seconds, Bob hands her \$800 and leaves.

Confused but excited about her good fortune, the woman raps back up in the towel and goes back upstairs. When she gets back to the bathroom, her husband asks from the shower, "Who was that?"

"It was Bob our next-door neighbor," she responds.

"Great!" the husband says, "Did he say anything about the \$800 he owes me?"

Moral of the story #1:

If you share critical information pertaining to credit and risk in time with your stakeholders, you may be able to prevent avoidable exposure.

Corporate Lesson #2

A priest was driving along and saw a nun on the side of the road, he stopped and offered her a lift, which she accepted. She got in and crossed her legs, forcing her gown to open and reveal a lovely leg. The priest had a look and nearly had an accident.

After controlling the car, he stealthily slid his hand up her leg. The nun looked at him and immediately said, "Father, remember Psalm 129?" The priest was flustered and apologized profusely.

He forced himself to remove his hand. Changing gear, he let his hand slide up her leg again. The nun once again said, "Father, remember Psalm 129?"

Once again, the priest apologized, "Sorry sister but the flesh is weak."

Arriving at the convent, the nun got out gave him a meaningful glance and went on her way.

On his arrival at the church, the priest rushed to retrieve a bible and looked up Psalm 129. It said, "Go forth and seek, further up; you will find glory."

Moral of the story #2:

Always be well informed in your job, or you might miss a great opportunity.

Corporate Lesson #3

A sales rep, an administration clerk and the manager are walking to lunch when they find an antique oil lamp.

They rub it and a Genie comes out in a puff of smoke. The Genie says, "I usually only grant three wishes, so I'll give each of you just one."

"Me first! Me first!" says the admin clerk. "I want to be in the Bahamas, driving a speedboat, without a care in the world. Poof! She's gone.

In astonishment, "Me next! Me next!" says the sales rep. I want to be in Hawaii, relaxing on the beach with my personal masseuse, an Endless supply of pina coladas and the love of my life." Poof! He's gone.

OK, you're up," the Genie says to the manager.

The manager says, "I want those two back in the office after lunch."

Moral of the story #3:

Always let your boss have the first say.

V. MORE OF MY RANDOM HAPPY MEMORIES









Made the Club . . . 255 kmh about 158 mph for a few seconds, safely – that’s why we publish “Driving in Europe is Different**” – get your copy from us.**

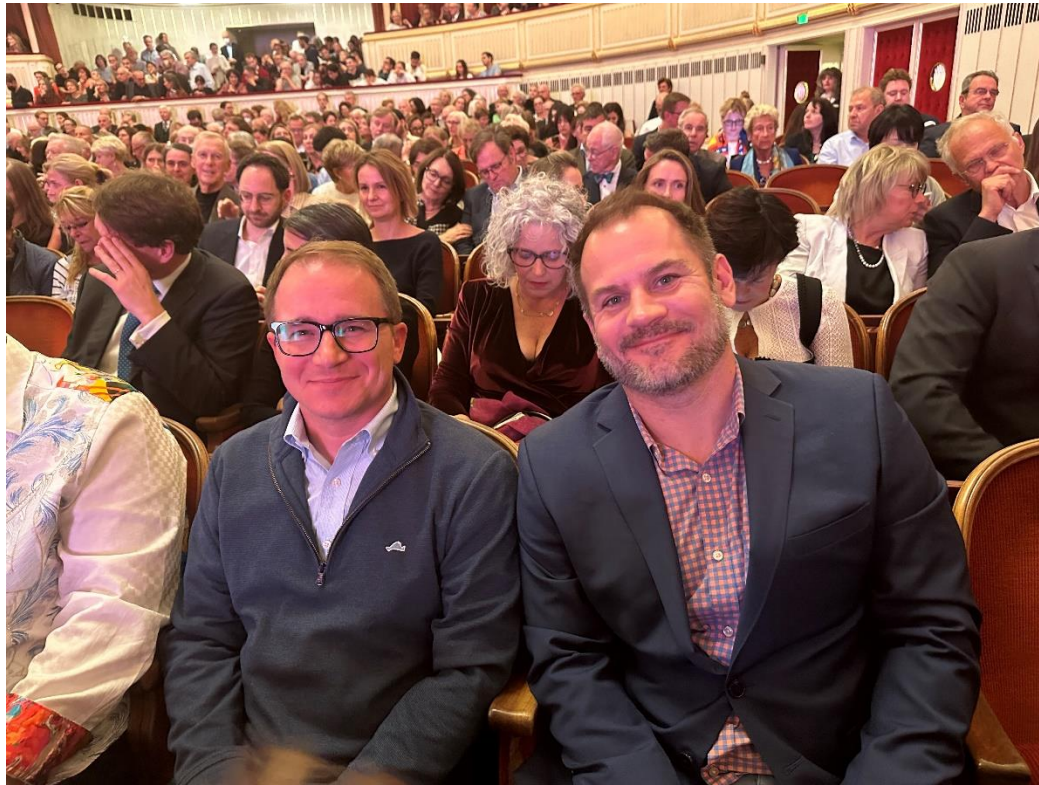
















On your path to success, remember to always look forward with optimism. May you achieve your goals and find joy. We truly appreciate your business and can't wait to see you on tour!

Yours truly, Peter

